



Concept2 PM5 monitor arm delete



HyperSprite

[VIEW IN BROWSER](#)

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Summary

Mount the PM5 without the monitor arm on late model Concept2 ErgRow rowers

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Tags: [concept2](#) [rower](#) [pm5](#)

I have a large monitor above my rower so the monitor arm holding the PM5 just got on the way.

Print one center spacer and two end caps.

To install:

Tools: #2 Philips screwdriver and 2 x 9/16 wrenches (can be adjustable open end)

1. Unplug PM5 power cable from the back of the PM5
2. Remove the 9/16 head nut and bolt from the top of the monitor arm, and lift off the PM5 away.
3. Remove the 9/16 head nut and bolt from the bottom of the arm. Be careful, the power wire is captured inside of it
4. Remove the screw from the Philips center of the monitor arm and separate the halves of the monitor arm to remove the wire
5. Place the center spacer inside the gap left by the monitor arm in the PM5 mount and the end caps on either side, smooth side facing out.
6. Reassemble using the nut and bolt you removed in Step 2, don't over tighten, you want it to be just snug enough that you can adjust the screen

angle.

7. Use a zip or bread tie to bundle up the excess cable.

Model files



center-spacer.stl

☐ Print 1 and use it as a spacer between the display mount



end-cap.stl

☐ Print 2 of these and place on each end, smooth side out



concept2-monitor-arm-delete.3mf

☐ Print the whole plate

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